

ARK VOYAGE



News Letter of Don Bosco Animation & Research Kendra, New Delhi

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Captain Speaks...

SCARCE MENTALITY Vs ABUNDANCE MENTALITY

I am a Pre-Independence child of India. As a child we lived in an India of scarcity. Remember the days when we would get as children one sweet each. The dilemma, then was whether to eat or to keep it. If we eat it will be over. If we don't eat it we cannot enjoy the taste. So the creative solution was to lick and keep it and thus prolong the pleasure.



Do you dream of a better world?

Is really another world possible where there would be more love, unity, and sharing?

Yes, the answer is in each one moving from a scarce

Should I eat it ?
Should I keep it?
What a dilemma!



Today, of course, the children do not get a single sweet. If ever offered they will not even receive it. They want the whole packet. Times have changed! But has our attitude changed? We live in abundance today. We have plenty. But do we and our children learn to share our abundance?

I want all!
Why should I share?



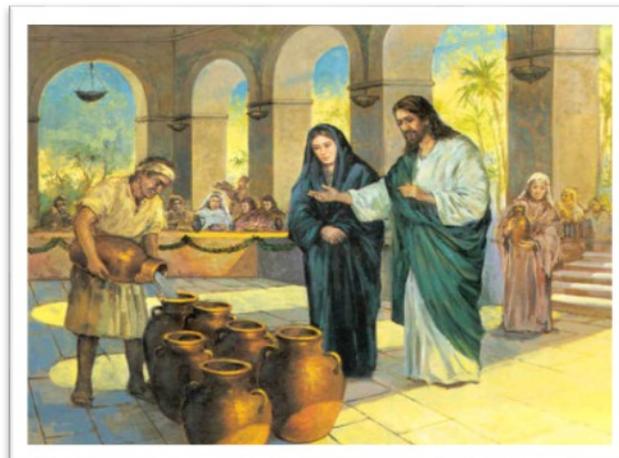
Captain Speaks...(Contd.)



Jesus was a person of abundance mentality. Whenever I read the incidence of His first miracle where at the marriage feast wine ran short. According to the Jewish custom it is very shameful if the wedding guests do not get enough wine to drink. The mother of Jesus who was also present at the wedding feast noticed the embarrassment of the family. She rushed to her son to seek for a solution. Jesus agreed to help. What did he do? Jesus ordered the servants to fill the six jars that were kept there for washing of the feet as was the custom in those days. They were filled to the brim. Each jar contained about 75 liters of water. Then what did He do? He just changed it into wine... wine of much better taste than the guests had till then. What an abundance mentality!

Abundance of wine exquisite taste!

More than 450 liters!!



Even today when food run short for our poor children of the hostel we calculate how many did not get and prepare just enough to feed those. Still suffering from 'scarcity' mentality!

Whenever Jesus worked miracles He would give more than what the people needed ... of a better quality than those who requested for help.

Just imagine of a world where we learn to share - those in affluence and abundance – with those in need! There will not be poverty in the world.

The oft raised question: Why poverty in this world? Where is God? The answer lies here. Our scarcity mentality coupled with our selfishness and greed.

The very noble deed of sharing is often contaminated with the desire to be seen and applauded by all. No wonder the Master said: 'When you give with your right hand let not even the right hand know that you are doing such a good deed.'

It is better not to give or share if it is not done with sensitivity, compassion and love. I remember the story of three students who were sent out of class with an assignment of doing a good deed to someone in need and report back. In fact, it was part of a project introduced in the school to develop the culture of solidarity among the students. It was known as 'DAAD REVOLUTION' which invited the students to 'Do An ARK a Day' (DAAD). ARK here meant 'Act of Random Kindness'.

The three students returned to the class after some 20 minutes. The teacher enquired from each one what they did as an Act of Random Kindness. The first one stated without any hesitation that he helped an old lady

Captain Speaks...(Contd.)



Going back to the Master, Jesus was a perfect model of abundance mentality. Whenever people approached Him for healing or any other favour, he would go beyond their request and grant them more than what they would request. When he fed the 5000 people with few loaves and a couple of fish, the left over filled 12 baskets. His abundance had no limits!

It was the same even with his mercy and forgiveness. One of his followers had asked him how many times one should forgive the other. In his abundance the follower asked if he should reach up to seven times. To his surprise the Master replied: "not seven times, but seventy times seven", which meant always.

Research reveals that an average person uses only 10% of his/her energy. Where does the other 90% go? It goes down the drain. Why? Because one suffers from insecurity, fear, or a low self-esteem.

Scarce mentality prevents one from discovering the God-given gifts. He is afraid of taking initiatives to develop them; further he would not deploy them for his own benefits, and much less for those of others.



It is seen again, how a person of scarce mentality tends to be selfish and finds it difficult to share as well. He would rather amass wealth and live in affluence rather than share and make the world a better place to live in.

Do you dream of a better world? Is really another world possible where there could be more love, unity, and sharing? Yes, the answer is in each one moving from a scarce mentality to one of abundance mentality.

**Move from
a scarce mentality
of insecurity and
selfishness
to an abundance
mentality.**



**Another world
is possible
where love,
sharing,
and sacrifice
reign supreme!**

Fr. Joe Arimpoor, sdb

VOC (Voice Of Children)

Program: VOC – 4

Place: SNEHALAYA PALAM, DELHI

Dates: 9 and 10-Dec-2018

Resource Persons: Fr. Joe Arimpoor, Sneha Saji, Himanshi, Abhishek, Bijaya, Sekhar.

Participants: 21 Girls



VOC– 4 (Voice Of Children) focuses on :

“ WHOLENESS IS MY RIGHT”

Children have rights too! Children need to know what their rights are. They need to learn how to protect their rights and learn how to demand their rights proactively and assertively.



Mr Abhishek instructs the children how to protect themselves from Child abuse, Drug abuse and abuse of any kind.

Make your rights known to others, including the elders. Every child has the right to quality education. It is so vital for his/her growth.

Child Rights may be summed as: Survival

Protection

Participation

Development

Know/Learn your rights

Become aware of your rights

Get empowered to demand and get your rights.

Live your rights!



The Animating team explains what does Wholeness mean.

WHOLENESS comprises of Body (PQ), Mind (IQ), Heart (EQ), and Spirit (SQ).

Further the Children learn what do the following mean:

RTI – Right to Information

FIR –First Information Report

Children’s Parliament

Children had the following experiences :

- > Awareness Walk
- > Win as much as you as you
- > Role Plays



Fr Joe and the team interact with the children.

A participant: “If only I knew earlier my child rights I would not have been abused so much. But now I want to acquire the skills to demand my rights proactively and assertively.”

Fr Joe: “Well said... that is the Focus of VOC – 5 ... Coming SOON!”.

RAP (Religious Animation Program)



Program: Religious Animation Program

Place: Nagpur

Dates: 28– 30– Dec-2017

Resource Persons: Joe Arimpoor

Participants: 60 Sisters

CLOSING THE EXECUTION GAP

The Province of Bhopal of the Chamberian Sisters had a very effective and fruitful accompaniment of Fr. Joe Arimpoor, SDB in closing the Execution Gap of the Deliberations taken in their General Chapter and the Provincial Chapter and their implementation.

Receiving the good news from Bhopal the Chamberian sisters of Nagpur province took up the same Challenge for their province.



Visioning Exercise

Fr Joe emphasised the need for the personal vision of the Sisters to be aligned with that of the Congregation/ Province vision to produce greater commitment in their Religious Life and Mission.



Fr. Joe conducts a review of the progress made so far of the implementation of the Chapter decisions.

The Review revealed the progress made so far

- > Strategies were not SMART tested. (Specific, Measurable, Attainable/Action-Oriented, Realistic/Result-Oriented, Time-Bound)
- > Close monitoring was required ,
- > Strict review- if necessary apply RASA. (Re Assign, Re Schedule, Re Allocate)
- > Documentation & Reporting, .

Fr Joe gave them a magic wand to enhance the quality of the strategies:

SIPER (Significant, Innovative, Powerful, Empower, Radical) Strategy



The Sisters conclude the program with Music and Dance

Christmas Celebration

Program: Christmas Celebration

Place: DB ARK

Dates: 17-Dec-2017

Participants: DB ARK Family



CHRISTMAS CELEBRATION WITH DB ARK FAMILY

Christmas is a special occasion we remember with grateful hearts all our benefactors and volunteers.

Christmas is a time when togetherness is celebrated in DB ARK. It is a powerful reminder to all the DB ARK Family members – ARK Team, their families, past staff, volunteers, benefactors, and our well-wishers.

Music, songs, games, sharing, and praying – all part of the celebration.



Music, songs, games, sharing, and praying – all part of the celebration.



Mrs Teresa Joseph, Manager of DB ARK with her Husband

CRIB and the presence of the Baby Jesus is the centre of the celebration.

The interactive Homily of Fr. Joe with the Participants revealed the real significance of the Christmas celebration.

It became more meaningful when an individuals were able to delve deep into the apparent external celebrations of Christmas.

A participant exclaimed: "I really want to thank God for making us realize the deep meaning and significance of Christmas in our lives. If only I could become that STAR, which can show the way, lead the way, and finally get immersed in the Star of stars, thus sharing myself with others"



Of course, without Santa Claus and the surprise gifts, no thrill in the Christmas celebration.

Christmas Get Together...



Program: Christmas Celebration

Place: DB ARK

Dates: 21-Dec-2017

Participants: DB ARK Team

CHRISTMAS CELEBRATION WITH DB ARK TEAM

DB ARK Team celebrates Christmas, sharing their joy with one another.

The practice of 'Christmas Friend' is a very meaningful tradition of DB ARK. The whole season of Advent one prays and consider the friend as Jesus and expresses love and concern for the person.



The Director Fr. Joe becomes our Santa Claus. He is all generous during this season.



Santa is ever active!



A warm and loving breath of Christmas

the YAR (Young At Risk) children of Snehalaya whom we are accompanying from Brokenness to Wholeness through the seven Modules of VOC (Voice Of Children) Program



Giving and receiving gifts is a Christian experience of Christmas

FJAF (Fr. Joe's Ark Family)



Christmas is a special occasion we remember with grateful hearts all our benefactors and volunteers.

Special prayers are offered for the members of Fr. Joe's ARK FAMILY. It is the generosity of this family that makes it possible for DB ARK to reach out to thousands of youth in a year.

Please continue to support us!

You are invited to become a member of

"Fr. Joe's ARK Family"

By making a small contribution to DB ARK



1. Draw the cheque in favour of: "Don Bosco ARK" or

2. You can transfer the money to: AC Name: Don Bosco ARK,

AC# 13020100235970,

IFSC: FDRL0001302

The Federal Bank, Nehru Place,

New Delhi

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