

Ark VOYAGE



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Captain Speaks...

The Young Crave for Good Listening Adults



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Being an effective listener includes encouraging others to talk and express themselves. The following statements serve as 'Door openers', and 'Continuation expression'; "I am interested and prepared and listen", 'I am with you. Please go on'.

One of the most powerful skills in building up relationships is the skill of listening. When dealing with children and students, **listening becomes an effective way of affirming them.** Children who have been well listened to, are likely not only to feel accepted by others but also to be able to accept themselves. They also feel free to express and explore their feelings.

**Children seek for a reliable adult – parent or teacher – who listens to them well.** When they find such a parent or teacher they feel safe and free in exploratory behavior and make personal experiments. Such an experience leads them to trusting their own feelings and reactions. Spontaneity and free expressive behavior ensue from such an early upbringing.



**“Dad, I love you when you listen to me intently”**

On the other hand, children who have not been adequately listened to are likely to be more out of touch with their feelings, more afraid and anxious. They also tend to be more aggressive and violent. **When children are not listened to, or even subject to bad listening they get the feelings of not wanted, not accepted or not affirmed.**



## ☀ Captain Speaks...

Effective listening always requires the parents and teachers to do their best to understand the world, or frame of reference of the young.

When communication breaks down, neither party listens to the other.

A frequent complaint from parents today is that their adolescents do not communicate with them freely. But the underlying question is, were these adolescents listened to when they were younger, by parents and teachers? Or, were they subjected to one way communication top-down? Were these moments of communication most often consisting of 'Dos' and 'Don'ts'?

Were these adolescents consulted when they were children at least on matters that affected them? Did they have any role in decision making process in the family, or in the school?

Part of the skill of becoming a good listener is the ability to overcome many of the sources of interferences in the others. An even more important part of the skill is the ability to assume responsibility for becoming aware of and dealing with your own barriers and filters to listening with understanding.

### LISTENING IS A DISCIPLINED SKILL.



**“Mom, when you look at my eyes, touch me,  
and listen to me, I feel affirmed.”**

**Parents and Teachers please choose to listen well to  
your children and students.**

**Effective listening always requires Parents and Teachers to do their  
best to understand the world of the young and  
their frame of reference**

**- Fr. Joe Arimpoor, sdb**



# Youth Animation Program (YAP)



**Place:** St. Joseph's Convent School, Moga  
**Date:** July 11&12, 2014  
**Resource persons:** Mukesh , Sophy, and Assise  
**Participants:** 300 students

*Do an ARK a Day, and God will receive you  
with open arms to Eternal Bliss*

The students felt challenged with the invitation to join the 'DAAD Revolution'- 'Do an Ark a Day' program. ARK = an Act of Random Kindness. When teachers and students join in this revolution the whole school has a different atmosphere altogether. In fact, as some students stated: *"If all the people in our country join this revolution, it will be 'another march' towards our real Independence and Freedom."*



Students excited in listing creative and relevant ARKs to be done everyday



**Place:** Christ Raja Convent School, Jind  
**Date:** July 8 & 9, 2014  
**Resource persons:** Mukesh , Sophy, Assise, Arjumand, and Abi  
**Participants:** 300 students

*Animators facilitate the discovery of  
'Aahaa' in the young*

The students were excited when they started getting insights into their problems and behavior pattern. As one of the students put it: "Ahaa, now I know why I behave like that... What I have decided now to do is..." One of the positive outcomes of 3-D Program is that the students understand themselves better, and they choose a particular strategy to enhance

the quality of their life. The friendly and concerned approach of the animators infuses hope in the students. The students remark: "Now I know! And I can!!"



Mr. Mukesh motivates the students to respond to their 'Aahaas'



**Place:** Assumption Convent School , Abohar  
**Date:** July 24<sup>th</sup> & 25<sup>th</sup> , 2014  
**ARK Team:** Mukesh , Sophy, Bijaya, Marina, Assise, and Abi

*DB ARK Team makes a difference in the  
life of the students*

The most impressive response of the participant-students of this program was summed up as:

'DBARK team made us realize our self-worth, and uniqueness. The more we discover, the more we are motivated to develop ourselves, and deploy all our God-given talents to usher in a new society- "Another world is possible!" Finally it will be great to hear from our Father in Heaven:

"You are unique! You are wonderful!! You are my favored one!!!"



Simplicity and spontaneity of Mr. Abi Jose attract the students





# Teachers Enhancement Program (TEP)



Place: Mount Carmel School GarhShankar, Punjab

Date: July 2 & 3, 2014

Resource persons: Fr. Joe & Mr. Mukesh

Participants: 52 teachers



Place: Mount St. Mary's School- Delhi

Date: 4<sup>TH</sup> and 5<sup>th</sup> of July 2014

Resource persons: Fr. Joe , Mukesh, and Mareena

Participants: 70 teachers

*Are teachers our strength? No.  
The right teachers are*

A two day seminar was conducted by Fr. Joe and Mr. Mukesh for the 52 teachers of Mount Carmel School of GarhShankar on the theme of 'Teachers, Rise to Higher Heights'. Two responses of the teachers sum up the effectiveness of the program.



Fr. Joe invites them to become 'the Right Teachers'.

1. We realize that our personal vision (our core meaning and the pursuit to express the same) makes a significant difference in the way we fulfill our education mission.
2. The "Good News" contained in our Scriptural Books, is present in each one of us in a miniature form. Becoming aware of the "Good News" in us brings us great joy.



"We want to be the Right Teachers"

*Outdated teachers are as good as 'fossils'  
in Education*

If the education is to be reinvented, we need a new brand of teachers too. Hence teachers have to move from a "Learned teacher paradigm to a Learning teacher Paradigm".

What shook up the teachers was the slapping sentence of Fr. Joe: "I see fossils walking around the corridors of our educational institutions". His rationale for such statement was that many teachers were outdated both in methods and content.



Fr. Joe: " You can update yourself"



**Teacher-Leadership is  
the Best Hope for  
sustaining excellence in  
a school.**

**Hence the principal's  
primary duty is to  
empower teachers to display  
leadership qualities.**



# Teachers Enhancement Program



Place: Assumption Convent School,  
Abohar

Date: July 24&25, 2014

Resource Persons: Fr. Joe and Team members

Participants: 95 Teachers

*A Resource Person with  
a difference!*



His age and experience... an asset in training

One teacher exclaimed: "What I appreciated most about this seminar was the expertise of the resource person, his experience, humor, and anecdotes from his life,"

Another teacher: "I admire the energy and enthusiasm of the resource person!"

A third participant: "How could he (a man of 71) stand the whole day for two days and take class, with the same enthusiasm throughout."

Finally, "We definitely need another seminar by Fr. Joe – On the new Pedagogy" (Preventive System).

## OMMI a Secular Institute

**Fr. Joe Arimpoor sdb, moderated the first Asia Regional Assembly of the Secular Institute of the Oblates Missionaries of Mary Immaculate at Don Bosco Provincial House Bangalore, from July 6th to 12th, 2014.**



**Women filled with faith, and taking up challenges consecrated to God to witness the love of Jesus Christ at the heart of the world**

# Religious Animation Program



Place: OMMI, Bangalore

Date: July 6– 12 & 14, 2014

Resource Person: Fr. Joe Arimpoor

Participants: 17 Regional Assembly members

**OMMI (Oblates of Missionaries of Mary Immaculate) Regional Assembly**

*Neither my way, nor your way, but our way  
is the high way to harmony and  
common good*

What impressed me most was the strong belief of the moderator when he said "God has put particles of Truth in the different members of the assembly. Unless every one contributed her share we may not be able find the will of God."



The newly elected regional team with Institute President and Fr. Joe, and the Assembly members

**President of the Institute: Anita Plourd, (Canada)  
Regional-Leader of Asia-Indian Ocean:**

**Mercy Savariyaradimai**

Fr. Joe played the role of facilitating the process in the Assembly, whereby the members felt free, called upon, and responsible to express their views or inspirations. Putting together the pieces - synthesizing - and inviting the Spirit to help in the act of discernment, he guided the assembly.

His daily homilies and periodical interventions not only made the destination clear, but also delineated the flight path, and proved to be the compass that ensured that the group is on the right track moving towards their charismatic vision.



# Religious Animation Program (RAP)



Program: RAP for Principals and Managers of Jammu and Kashmir Diocese

Place: Srinagar

Date: 28 July, 2014

Resource Person: Fr. Joe Arimpoor, sdb



Program: RAP for Principals and Managers of Meerut Diocese

Place: Meerut

Date: 29 July, 2014

Resource Person: Fr. Joe Arimpoor, sdb

## *Catholic Schools towards a 'Learning Organization Mode'*



Leaders of Educational Institutions of Jammu Diocese with Fr. Joe Arimpoor

Christian schools had been standard-setting institutions in the field of education in the past. But now the changing scenario in education in India is posing a challenge to these institutions. Often the responsible agents of Catholic schools are resting on the laurels of the past. Hence Fr. Joe Arimpoor emphasized on the need for a new mind set of developing our schools to a 'Learning Organization mode'. Introducing relevant and up to date innovations would be a starting point.



Participants finalizing the list of Innovative Interventions

## *Evangelization is the Heart of Education Ministry*

In addition to challenging the managers and the principals to move forward with the times to make education more relevant, Fr. Joe emphasized on the urgent need to evangelize and educate.

If education is understood as drawing out, and developing the various intelligences implanted in the young (according to the 'Multiple Intelligence Theory') by God, why do we hesitate to draw out or bring forth the best in every person – the 'Good News'. Becoming aware of the 'Good News' in each one of us, irrespective of any religion, and living the 'Good News' and sharing the experience of the same is Evangelization.



Participants clarifying the concept of 'Educate and Evangelize'

## **CLARION CALL to the Principals and Managers**



**CREATIVE  
DYNAMIC  
DARING  
COMMITTED**

**LEADERSHIP OF THE PRINCIPALS  
WITH A CLEAR VISION AND  
ADEQUATE STRATEGIES**



# Voice of Children (VOC)



**VOC 5 – World Vision ADP, South Delhi**  
**Dates: July 1 to 3, 2014**  
**Participants: 20 boys**  
**Animators: Sophy, Bijaya, Abi, Arjumand and Sunny**

## Living the Rights-Way

Stephen R Covey, in his book 'The 8<sup>th</sup> Habit' speaks about *finding your Voice, expressing it and inspiring others to find theirs*. VOC also focuses on these same ideas along its various modules.

During VOC 5, the focus is on Expressing your VOICE, but we go one step ahead and help them to express in an **Assertive manner**.

VOC 5 centres around a Rights based approach, which in turn is a Skill based approach. Some of the skills taught to the participants during the sessions are Win-Win, Proactive-Assertive behavior, Non-Violent Communication, etc.



Children, ready to live the 'Rights-Way'

After learning these skills, the children start practicing these for a period of 30 days which is monitored by the ARK Team.

Hence, this becomes a Way of life and this helps the children get connected to their Inner Voice.

Passage to Wholeness reaches its 5th stage, where children understand their rights, and live the Rights-Way in Proactive and Assertive Way ,practicing the Non-Violent Communication method.



**Program: My City Initiative**  
**Date: July 15, 2014**  
**Participants: NGO Leaders with World Vision**

## 'My City Initiative'



'Together we can create a Child-Friendly City'

Fr. Joe and Ms Marina from DBARK were fortunate to attend the "City summit" a combined venture of the NGOs in New Delhi, initiated and spearheaded by World Vision. The main contribution of DBARK was in the area of making the Capital city, a child friendly city.

Many children in the city are victims of violence and physical abuse including sex abuse. A study by an NGO has revealed that about 80% of the children are abused in one way or the other. Another fact that disturbed DBARK team is the increase in the substance abuse among poor children of the slums.

Plans are afoot at DBARK in collaboration with World Vision to study the magnitude of this problem of physical abuse, identify the population, and introduce therapeutic and rehabilitative measures.



NGOs stand together for his New Initiative



## LOVE ALONE CAN DO IT

PYYAR Movement (Love Movement) is gaining momentum both in India and abroad. In India it is focused as of now in ten schools in Delhi, three schools in Ranchi and four schools in Patna with a total of 4472 Privileged Children. The YAR children come from 19 YAR centers in Delhi, six centers from Ranchi and 17 centers from Patna with a total 4687 young at risk.

PYYAR Movement has reached out to 21 countries. DBARK moves from the 1<sup>st</sup> phase of initial contacts, enrollment, and letter writing to each other, to the second phase of 'FIG' (Face to Face in Group).



## JOIN DAAD REVOLUTION AND COME ON BOARD !!!

"DO AN ARK A DAY (DAAD) AND GOD WILL RECEIVE YOU WITH OPEN ARMS TO ETERNAL BLISS !"

ARK stands for  
an  
ACT of  
RANDOM KINDNESS

ARK (Act of  
Random Kindness) is  
doing good to  
those in need

ARK  
is  
LOVE in ACTION

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